

# Overstretched? Aching joints?

Are you suffering from... muscular or joint pains? neck or back pains? tears, sprains or strains? whiplash?

With **fast, free** physiotherapy **advice** and **treatment** we'll get you back to full strength.

- No need to suffer take action now
- Call the Connect PhysioLine for fast, free physiotherapy advice and treatment
- Available to all working fishermen resident in the UK

For more information call

0191 247 5000



Funded by the Seafarers Hospital Society (Registered Charity No. 231724) and provided by Connect Physical Health Ltd.



### Tell me more...

# How can physiotherapy help?

Physiotherapy relieves pain and can prevent further injury. It helps you get back to work and stay working.

#### Are you eligible?

In order to access the service you must be a working fisherman resident in the UK.

#### What next?

Call the Connect PhysioLine now on **0191 247 5000** and make an appointment to speak to one of our physiotherapists. If we think you need hands-on treatment, we'll arrange for you to see someone locally.

Fishermen working out of the Newlyn area remain eligible to use the established local Harbourside Physiotherapy service (contactable on 01736 366224), also funded by the Seafarers Hospital Society.

## It's fast and it's free.

Physioline open Monday to Thursday 8.30am - 8pm, Friday 8.30am - 4pm, Saturday 9am - noon

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